

A.T.T.A.C.

AHEC Tobacco Training And Cessation

TOBACCO CONTINUING EDUCATION ONLINE MODULES

TO ACCESS THE MODULES:

1. Go to <http://www.larasig.com/flahec>. Click on “Enter the Program.”
2. For new users, please select “Create an Account.” If you are a returning user, select “Log In.”
NOTE: If you completed prior modules at TobaccoCME.com, this is the same website; your username and password should be the same.
3. Once you have created your account, proceed to **Step 2** and “Complete the Demographics Profile.”
4. Move on to **Step 4 “Complete the Courses.”** Make sure to select “begin your coursework.” The time required to complete each module varies, though most can be completed in less than one hour. Modules cannot be completed in less time than has been determined to be necessary to master the content.
5. At this point you can start the modules by clicking on the module link.
6. Once a module & the post-test/satisfaction survey have been completed, continue to the next page and click on “Request Course Credit”. Select “Letter of Completion” in the drop down menu. Then, fill out and submit the information form to receive a letter of completion.

NOTE: CE/CEUs are available for a variety of Florida health care professionals. Additional information is provided when you log-on to the site.

Overview of Tobacco Cessation (1.25 cr) - Describes the basic clinical intervention steps (5 A’s) for helping patients with a nicotine addiction. The module covers the prevalence of tobacco use, the smoking cessation cycle, how to tailor behavioral tobacco interventions to patients in each stage, and typical patterns of smoking relapse.

Motivational Interviewing (1.0 cr) - Introduces the principles, techniques, and basic steps of motivational interviewing (MI). The course demonstrates basic MI techniques for primary care; techniques that have been used effectively to motivate people with alcohol, tobacco, and other substance abuse problems to change their behavior.

Pharmacotherapy (1.0 cr) - Outlines the pharmacological interventions to help patients with nicotine addiction. The drugs currently available to support tobacco cessation are described along with their efficacy, cost, and use.

Children and Tobacco (1.0 cr) - Uses a case-based format to present tobacco issues important in treating children in primary care, including the prevention of tobacco use by children and prevention of exposure of children to secondhand tobacco smoke. The module also describes why children initiate tobacco use and the extent of tobacco dependence among young smokers.

Older Adults and tobacco (1.0 cr) - Presents issues unique to older adults with nicotine addiction. Topics include tobacco health effects in the elderly, benefits of quitting, age-appropriate tobacco interventions, special precautions in using pharmacotherapy, tobacco cessation during a health crisis, and Medicare reimbursement issues.

Smokeless Tobacco (1.0 cr) - Addresses the problem of smokeless tobacco use in patients. It describes the various forms of smokeless tobacco, the extent of its use, its addictive nature, and the associated health effects. The module also covers appropriate interventions and prevention measures for patients who use smokeless tobacco products.

Julie: Pregnancy and Smoking (1.5 cr) - Uses a case-based format to present the negative health effects of smoking during pregnancy and to illustrate an intensive tobacco counseling intervention as an alternative to pharmacotherapy during pregnancy. The module also teaches how to provide appropriate tobacco interventions for pregnant and potentially pregnant women.

Five Cases (1.5 cr) - Uses a case-based approach to teach the basic clinical intervention steps to help patients quit smoking or using other forms of tobacco. Behavioral and pharmacological interventions to support tobacco cessation are presented. Five patients are introduced in different stages of quitting and the learner will become knowledgeable about applied techniques and intervention strategies to create a successful intervention.